

Youth Needs Cycle Grant Summaries 2020

Big Brothers Big Sisters of Northwestern Michigan

Granted: \$2,100

The Bigs prevention-based program serves youth with limited and/or no academic, social, or emotional support in their lives. Students in the program benefit from an encouraging role model who listens, an introduction to new opportunities, help identifying and developing their skills, and consistent time spent with a caring, competent adult. This grant will create and support one-to-one mentoring relationships and additional academic tutoring services for 10 middle school students in the 7th and 8th grades at Charlevoix Public School and Charlevoix Montessori Academy.

East Jordan Public Schools

Granted: \$8,847

COVID-19 has affected learning progress at EJPS and some children require extra support to catch up. EJPS will provide four intervention strategies that can be accessed electronically and be utilized by students in both a face-to-face environment or a virtual world to support students.

Good Samaritan Family

Granted: \$3,000

Sammy's Shoes is a program of the Good Samaritan Pantry and Resale Shop. The purpose is to provide eligible Charlevoix County children with a new pair of sneakers and a new pair of boots. The grant will replenish Sammy's Shoes inventory with good quality shoes and boots for children in need.

Northern Family Intervention Services

Granted: \$2,000

NFIS provides intensive interventions to families that are impacted by trauma and adverse events, abuse and neglect, substance use, domestic violence, and poverty. The services can be enhanced by providing the youth served with individualized "Mental Health Coping Kits." These kits provide tools to decrease anxiety, improve mood, and provide a sense of hope and competency. They promote coping and resilience using evidence-based cognitive-behavioral coping techniques (relaxation, mindfulness, social support seeking). Examples include a weighted blanket, journals, art supplies, sensory items, and more.



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Northern Michigan Equine Therapy

Granted: \$10,000

In order to meet the needs of a growing number of young people facing anxiety and depression, NMET will hire an additional mental health professional for the HorseSense program. This program is a unique equine-assisted program that uses a horse's ability to pick up on human emotion and allows clients to increase confidence and self-esteem, build interpersonal communication skills and find a sense of accomplishment and individual purpose.

Planned Parenthood of Michigan

Granted: \$5,838

The Smart and Healthy Youth Project is designed to teach young people ages 10–18 (5th–12th grades) about sexual health and to provide necessary hygiene products for teens. Sexual health is defined as physical, emotional, mental, and social well-being in relation to sexuality. Programming will be delivered to public schools on Beaver Island, in Boyne Falls, Charlevoix, and East Jordan. Boyne City will utilize resources from Planned Parenthood with no in-person teaching this school year.

Women's Resource Center of Northern Michigan

Granted: \$4,700

The Children's Advocacy Center (CAC) at WRCNM serves children and youth that have witnessed or experienced domestic and/or sexual violence. This request will support staff time spent developing critical CAC protocol with Charlevoix County partners, reflecting about 15% of the coordinators total time and salary to get full services up and running. Each county's protocol is developed collaboratively, unique to the needs of child survivors in each county's communities and in partnership with several entities (hospitals, courts, police departments, and other agencies). The WRCNM anticipates approximately 100 children and youth in Charlevoix County will be served annually through the program.

