

Youth Needs Grant Cycle November 2023

Youth Mental Health

Child Abuse Prevention & Education Council

Grant Award: \$3,500

The CAPE Council annual conference held each spring brings nationally recognized speakers to the community to provide education on child development. The conference audience includes educators, nurses, social workers, caregivers, court and law enforcement officials, and anyone working with children and families. Content will address youth mental health, adverse experiences, and dysregulation while also providing strategies for strengthening and creating resiliency for children and families. Grant funds will support the keynote speaker expenses and technology equipment.

Northern Michigan Equine Therapy

Grant Award: \$8,500

Northern Michigan Equine Therapy requests grant funds to support the development of a new strategic plan to maximize capacity and better serve youth in the community. NMET plans to identify how they can sustain current donors, clients, and infrastructure, but also explore how they might expand services to meet the increased demand. The new plan will provide guidance and goals for the next 5+ years, especially the ability to maintain services and increase treatment sessions.

Women's Resource Center of Northern Michigan

Grant Award: \$20,000

The Women's Resource Center of Northern Michigan (WRCNM) recently purchased a 14,000 square foot building in Petoskey to provide space for program expansion, enhancement, and to bring services together. Grant funds will support building renovation expenses to construct spaces specific to psychosomatic therapies, such as play and art therapy, for child and youth survivors of gender-based violence. The trauma-informed, custom-built space for psychosomatic therapies will expand and enhance mental health services available to child and youth survivors from Charlevoix County.

Child and Family Services of Northwest Michigan

Grant Award: \$5,000

Child and Family Services is opening Safe Haven North, a supervised visit and safe child exchange program in Harbor Springs. Safe Haven removes children from parents' conflict, encourages healthy relationships with both parents, and eliminates a chance for violence to occur during supervised visits and transition times. Grant funds will support funding for the furniture, toys, and games for the Safe Haven North Visit Room to make visits more comfortable, as well as security cameras that are required to offer this service and open the building.



Boyne District Library**Grant Award: \$2,230**

The Boyne District Library's Youth Services Department plans to hold a Family Dinner Book Club in March 2024. The Family Book Club will meet weekly for four weeks with up to 15 families with elementary aged youth. A dinner, group read aloud, discussion, and craft are included at no cost to families. The books selected focus on a variety of youth mental health topics to show children how to reach out to supportive adults and gives those adults the words and behaviors to use when a child encounters those feelings. Funds will allow every family to go home with a copy of each book read, to encourage further discussion.

Big Brothers Big Sisters of Northwest Michigan**Grant Award: \$10,500**

Big Brothers Big Sisters' (Bigs') mission is to create and support one-to-one mentoring relationships that ignite the power and promise of youth. The program is designed to allow Littles to recognize their capabilities, expand their knowledge of community and the greater world, and find their unique place within it, by providing them with another caring adult. The mentoring relationship results in improved self-confidence, which in turn allows for a significant impact on a child's intellectual, social, emotional and physical well-being. Grant funds will support the one-year costs to establish five mentoring matches in Charlevoix County.

Char-Em ISD - Behavioral Health Department**Grant Award: \$6,250**

The Char-Em ISD Behavioral Health Department is partnering with local schools and community agencies to identify and support the unique cultural and social emotional needs of English Language Learners (ELL) and Indigenous youth. Social emotional kits for ELL youth will provide tools to help students adjust to a new school environment and find universal ways to connect with school staff. Indigenous comfort kits will provide tools that reflect a trauma-informed space and the importance of culture in healing and emotional wellness. These kits will provide opportunities for staff to learn about, understand and respect other cultures and traditions, which directly correlates to acceptance, safety, identity, and representation for indigenous and ELL youth.

The Depot Jordan Valley Teen Center**Grant Award: \$4,900**

The Depot plans to address the anxiety and depression concerns of teens through Metal Health and Wellness programs. The program is multi-faceted with a cohesive, holistic approach that includes classes, programs, and activities, and the relationships that produce a stronger teen, family, and community. Program components include dialectical behavior therapy (DBT) skills or talk therapy workbooks, volunteer training on mental health topics, quarterly dinners with parents, leadership experiences, and yoga and meditation equipment.



Recreation

Camp Daggett

Grant Award: \$1,380

Schools across the Charlevoix-Emmet Intermediate School District have partnered with Camp Daggett staff to facilitate the Positive School Climate Program through the Adventure Education Program. Positive School Climate is synonymous with positive school culture and is integral in shaping the health of the educational environment. A healthy academic culture feeds positive outcomes including academic performance, job readiness, social and emotional development, and safety. Grant funds will replace climbing harnesses and ropes used for the program.

Rotary Club of Charlevoix Charities

Grant Award: \$2,500

The Rotary Club of Charlevoix actively seeks unique opportunities to meet the needs of local youth that are not being addressed by other entities. When they learned that a playground at Mt. McSauba was listed as a high priority project for youth in the City's Master Plan but was as yet unfunded, they sprung into action to begin fundraising. Grant funds will help the Rotary Club to build and install a new playground at Mt. McSauba in Charlevoix.

Beaver Island Historical Society

Grant Award: \$4,000

Beaver Island Kids Camp is a week of engaging activities for Island youth ages 4-14. Customized programs incorporate cultural themes of the Beaver Island Community, such as Native American storytelling & crafts, the natural environment, outdoor hikes, the pollinator garden, and a family community day. Camp participants develop an understanding of the local wildlife, create artwork, sing and dance, and engage in outdoor play activities. Grant funds will offset the cost of planning Kids Camp for staff, youth counselors, and the youth camp leaders.

Education

Char-Em ISD STEM

Grant Award: \$5,000

The Char-Em Street STEM (Science, Technology, Engineering, and Math) program brings experiences and materials, such as coding, robotics, direction following, problem solving, circuits, measuring, and much more, to schools, teachers, and students. The program allows teachers to learn alongside students and explore new ways to incorporate STEM learning experiences in their classrooms to accomplish a learning target. Magnets can be a challenging concept to learn and teach without physical objects students can use, so grant funds will help to purchase magnetic levitation train kits for 3rd grade classrooms in Charlevoix County.



Power Book Bags**Grant Award: \$2,000**

PoWeR! Book Bags works to increase access to language, print, and literacy materials in the homes of children from primarily low-income families. The bags provide brand new books and materials for playing, writing, and reading, as well as resources on children's growth and development. Families are establishing book reading routines, reading more frequently to their children, playing/engaging with the materials and suggested games, and strengthening their overall relationships/bonds. Grant funds will help to purchase the items and materials to assemble the PoWeR! Book Bags.

Planned Parenthood of Michigan**Grant Award: \$8,000**

Planned Parenthood of Michigan will provide in-school sexual health education programs in Charlevoix Middle High School as well as East Jordan Middle and High School. They will also recruit high school youth to participate in focus groups that ask youth directly about the gaps they are facing in accessing sexual health information. The focus group results will inform adult education events for supportive adults to break down the stigma and silence between youth and adults so that supportive, trusting, and honest conversations can happen more fluidly and frequently.

East Jordan Public Schools**Grant Award: \$6,000**

As part of the "EJ Honor and Service" project, Shoe Club seeks to connect local GAR Park history to an end of the school year trip to Gettysburg Military Park. Grant funds will be used to support lodging costs for the 30 Shoe Club members. The purpose of this trip is to teach students about the Civil War and the impact veterans have made by exposing them to various historical programs, exhibits, battlefields, and presentations in Gettysburg. The trip will promote teamwork, critical thinking, and reflection among Shoe Club members as they walk the battlefields and tour museums.

